# PROCLAMATION

## Mitochondrial Disease Awareness Month

**WHEREAS:** The human body is fuelled by trillions of microscopic powerhouses called mitochondria. Present in almost every cell in our bodies, these tiny but mighty energy-producing structures generate the energy we need to survive. When there is dysfunction with these important structures in one or more parts of our bodies, we see Mitochondrial Diseases appear.

There are hundreds of mitochondrial diseases, and because mito is very hard to diagnose, many people don't realize that they have these diseases. There is a strong need for more mitochondrial disease research to support those living with and caring for a loved one with mito, and for clinicians to be able to diagnose and treat Canadians living with mito.

September is Mitochondrial Disease Awareness Month (MDAM). This milestone reflects the incredible commitment of the mito community, who have spent years raising awareness, sharing their stories and building momentum across Canada. World Mitochondrial Disease Week this year is from September 14th to 20th. The goal of this week is to raise awareness for mitochondrial health and diseases on a global scale. The initiative helps to raise awareness for mitochondrial diseases in Canada and across the globe, which can be crucial for the development of treatments, research on the disease, and providing support to those living with mito.

**THEREFORE:** I, Mayor Patrick Brown, on behalf of Brampton City Council, do hereby proclaim September 2026, as "Mitochondrial Disease Awareness Month" in the City of Brampton.

Mayor Patrick Brown, City of Brampton